

COMMITMENT

To Safety

PINCH POINTS / Protect Your Hands!

1. **Avoid pinch points—these are areas where your hands can become trapped or mashed between two objects. Examples of pinch points include the operation point of a metal press and area where a sprocket and chain come together.**
2. **Wear gloves that are approved by your supervisor for the type of work that you do. Gloves can protect your hands from cuts and splinters and can also prevent burns and chemical injuries.**
3. **Never work around moving machines while the guards are removed. This exposes your hands to those pinch points that we talked about.**
4. **Before lifting or handling any object, make sure to look for splinters, sharp edges, or anything that could injure your hands. Also make sure that you have the proper hand clearance when setting down loads or carrying loads through doors.**
5. **Always wash your hands after you are exposed to chemicals. Many chemicals will cause your hands to become dry and irritated. Using lotion on your hands once or twice a day may also be helpful in replacing the natural oils that are lost from handling lubricants and solvents (i.e. machine oils and parts cleaning fluids).**

