

# COMMITMENT

To Safety

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## WINTER SURVIVAL Tips

### PREPARE YOURSELF & STAY SAFE

#### HOME PREPAREDNESS

- Have safe emergency heating sources
- Dress warmly Store drinking water, first aid kit, canned/no-cook food, non-electric can opener, radio, flashlight and extra batteries where you can get to them easily (even in the dark)
- Keep vehicles fueled and in good repair with a winter emergency kit in each
- Get a NOAA Weather Radio to monitor the weather situation

#### PREPARE YOURSELF

- Know the warnings and alerts in your area:
  - “WINTER STORM WARNING”: Take action, the storm is in or entering the area
  - “BLIZZARD WARNING”: Snow and strong winds and cold will produce blinding snow, near zero visibility, deep drifts, and life threatening wind chill – seek refuge immediately
  - “WINTER WEATHER ADVISORY”: Winter weather conditions are expected to cause significant inconveniences and may be hazardous, especially to motorists
  - “FROST/FREEZE WARNING”: Below freezing temperatures are expected
- Know how to
  1. Turn off gas, electric power, water
  2. How to reach or help neighbors, people with disabilities, seniors, employees
  3. How to reach other household members

#### WINTERIZE YOUR HOUSE:

- Install storm shutters, doors, windows
- Clear rain gutters
- Repair roof leaks
- Check the structural ability of the roof to sustain unusually heavy weight from the accumulation of snow (or water if drains on flat roofs do not work)

Source: Safety Online / Center for Disease Control